

## **Serum Creatine Activity : A kinetic study in patient of hyper and hypothyroidism**

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### **Abstract**

Serum Creatine Kinase (SCK) activity was investigated in hyper and hypothyroidism objects. Estimated Levels were compared with healthy controls .

Optimization of SCK activity has been achieved using 0.05 ml of the Serum and 25 m mol/L of the substrate creatine phosphate . Reaction mixture was incubated at 37C for 10 minutes . Data obtained were reflects an elevation in the enzyme activity in hyperthyroidism objects. Determination of the physical parameters ( $V_{max}$  and  $K_m$ ) were obtained applying Lineweaver- Burk Plot analysis. All determined parameters were established using buffer phosphate at optimum  $P^H$  Value of 6.4.

### **Introduction**

It was realized that thyroid hormones (T<sub>3</sub>,T<sub>4</sub>,and ,TSH) were appear to be synthesized with in thyroglobulin (1) . The building up of the hormones occurred using iodinated tyrosine residues in thyroglobulin .

A coupled reaction of mono- and di-iodinated derivation lead to the formation of T<sub>3</sub> and T<sub>4</sub> (2). TSH is a glycoprotein synthesized by the the pituitary gland . Thyroid dysfunction (hypo and hyper )were diagnosed by serum T<sub>3</sub> and T<sub>4</sub> levels variation (3) it was seen that higher levels of serum T<sub>3</sub> and T<sub>4</sub> (hyperthyroidism ) can block TSH synthesis and release , while their low levels can stimulated TSH synthesis ( hypothyroidism) (4). A health cell condition is a measure of the conversion of T<sub>4</sub> in to T<sub>3</sub> , which is catalysed by 5- diiodinase

(5), this is modified by the pituitary gland (6). Creatine kinase as a key enzyme play a significant role in assessment of the thyroid function as a clinical score and measurements of these thyroid peripheral thyroid hormones (7).

Thyroid hormones increase the activities of many enzymes including CK(8). This process was inhibited by protein synthesis inhibitors (9). Most disorders are associated with protein biosynthesis for example severe hypothyroidism resulted in an elevation in CK activity (10) while the disorder hyperthyroidism was seen to cause a decrease in the CK activity (8).

It was understood that mass concentrations of SCK isoenzymes and the increased catalytic activity concentrations of serum total CK gradually decreased in inverse proportion to the increased concentrations of T3 and T4 (11). Studying the energetic behavior of SCK and its effects in cases studied was not comprehensive by literatures therefore, the purpose of this paper is to highlight the kinetic parameters behaviors of SCK and to investigate energy contents. Data obtained were concentrated in Hawler City.

## Materials and Methods

**Chemical:** All chemicals used in this project were of high Analar grade.

A CK -K it from RANDOX Lab was used for determination of CK activity.

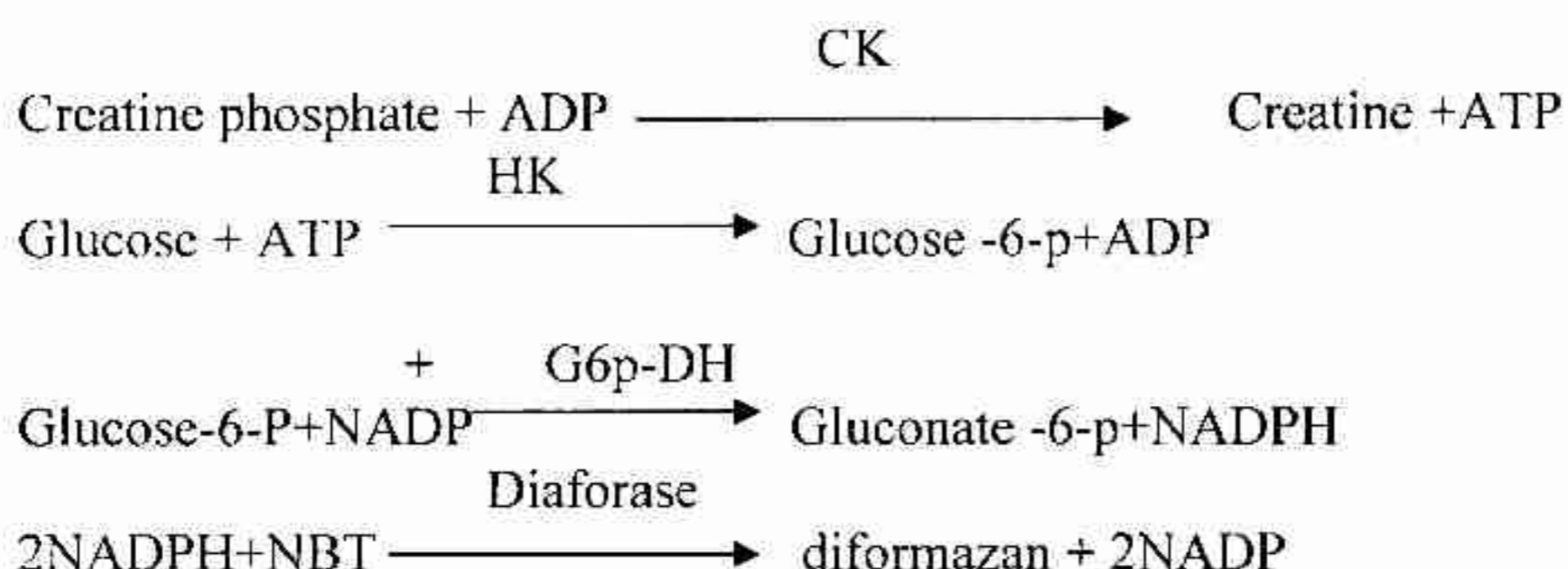
**Sampling:** Hypothyroidism patients (20 samples) of adult ages, there were 10 male and 10 females hyperthyroidism patients (20 samples) of adult ages they were 8 males and 12 females. Both samples were diagnosed by consultants and proved by thyroid function tests. They are not accompanied disease. Healthy normal (20 samples) were used as controls, they were of adult age (4 males and 16 females).

### **Blood Collection and Serum Isolation:**

Blood (5ml) was collected from patients and healthy control objects by venopuncture, The blood left at room temperature for 30 -06 min. After clot formation the Serum isolated by centrifugation at 3000 rpm for 10min. Serum obtained was used on the same day of experiment or within days after storing at (-20C)

### Determination of SCK Activity

Creatine kinase (CK) activity was done utilizing creatine phosphate as substrate to act as the initial catalyst for a series of reactions resulting in the formation of NADPH as outlined the coupled enzyme assay shown below using a colorimetric method (12):



The NADPH produced is proportional to CK activity and is used to reduce nitro blue tetrazolium (NBT) in the presence of diaforase to give the blue / violet color of diaformazan which has an absorption maximum around 560 nm. The reaction is stopped by the addition of hydrochloric acid

### Determination of V max km values

Using different concentrations of the substrate creatine phosphate (25,17,12,5,8,5 Mm) , Vmax and Km values determined from Michaelis –Menten analysis . These values were confirmed using lineweaver- Burk plot analysis . The determined data includes both hypo and hyperthyroidism sera and compared with that of controls. The protocol applied was as that used in determining the SCK activity.

### Biostatistical analysis

A T-test analysis was applied for investigating data obtained

### Results

Investigating SCK activity , data obtained shows an elevation of the activity in hypothyroidism and decrease in case of hyperthyroididm

(550.79±25.81 and 27.03±2.687 U/L respectively) when compared with normal activity (111.58 ± 5.63 U/L) fig (1).

Determination of  $V_{max}$  and values, data obtained from hypothyroidism reflect higher value of  $V_{max}$  compared with control, while  $K_m$  reflect lower value than that of control table (1). An inverse values were obtained for  $V_{max}$  and  $K_m$  in case of hyperthyroidism.

These values of  $V_{max}$  and  $K_m$  were achieved using Michaelis – Menten analysis fig(2).

The data analysed were confirmed by plotting lineweaver – burk plot fig (3). Studying the effect of the enzyme concentration on the react reaction, a procedure using increases volume of the serum has applied which give an increased linearity in enzyme activity fig (4).

## Discussion

Creatine kinase (CK, EC2.7.3.2) is an enzyme (a type of protein) found in muscle and brain. Normally, very little CK is found circulating in the blood. Elevated levels indicates damage to either muscle or brain possibly from myocardial infarction muscle disease, or stroke.

It was also found that there were response relations between smoking and serum CK concentrations, and ankle-reflex time in the women with overt hypothyroidism (7). Different causes has been noticed leading to elevation in CK levels (13).

As hypothyroidism resulted in a deficiency of thyroid activity, characterized by decrease in basal metabolic rate (BMR) fatigue, and lethargy, these parameters were covering energy content, thus, the study was focusing on investigating of CK activity and its activity in hypothyroidism when compared with control.

The mechanism of the changes in these analyses in hypothyroidism may be related to increased leakage from skeletal – muscle cells or diminished clearance from the circulation or both (8).

The above discussion can be predicts due to the thyroxin replacement therapy study that seen to be due to the normalization occurs in SCK levels. Thyroid hormone replacement therapy resulted in resolution. Clinical Symptoms and a marked reduction in the SCK level such SCK level in patient with hypothyroidism under scores the important assessing thyroid function in patient with weakness even when systemic symptoms and sings of hypothyroidism are moderati or absent (14).

Studying physical parameters table(1),  $V_{max}$  and  $K_m$ , it was seen that using 37°C as incubated temperature, is a convenient temperature for increasing the affinity of the enzyme to its substrate.

Decreased value in  $K_m$  (hypothyroidism) can be explained to be due to the increase in enzyme affinity, while increased value of  $V_{max}$  compared with control could be due to a change occurring in the catalytic site conformation or /number in the total of the enzyme which leading to increase in the enzyme activity and affinity (15).

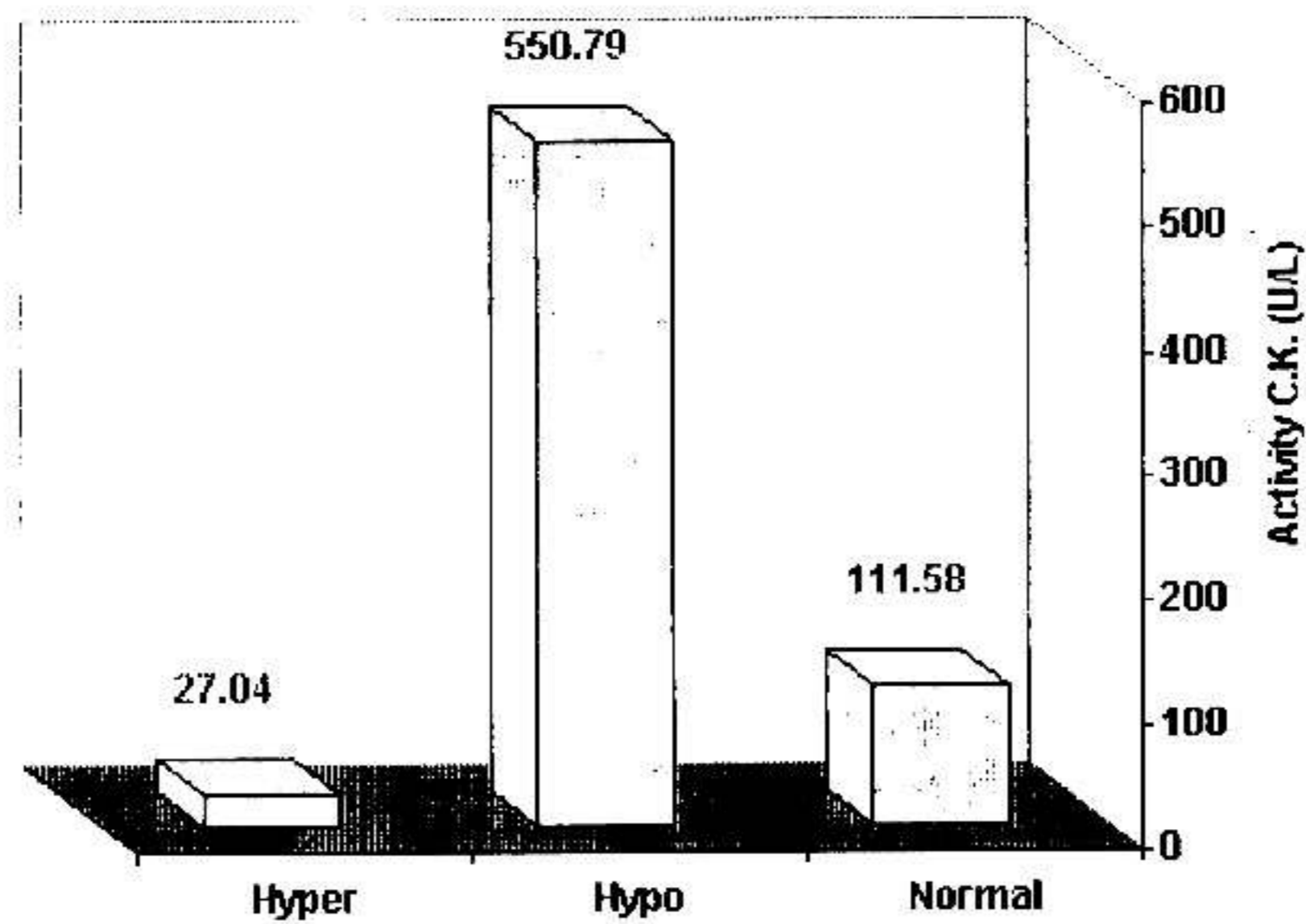
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**Table (1): Km and Vmax values for serum enzymes in (Normal , Hypo and Hyper ) thyroidism**

Parameter	Normal	Hypo	Hyper
Km(mM)	19.77	13.29	250.34
Vmax(U/L)	322.58	1428.57	312.50



Fig' (1) Serum CK Activity in Normal , Hypo and Hyper groups

Activity C.K.			
SE	±	Mean	
5.632	±	111.58435	Normal
52.817	±	550.7914	Hypo
2.682	±	27.035	Hyper

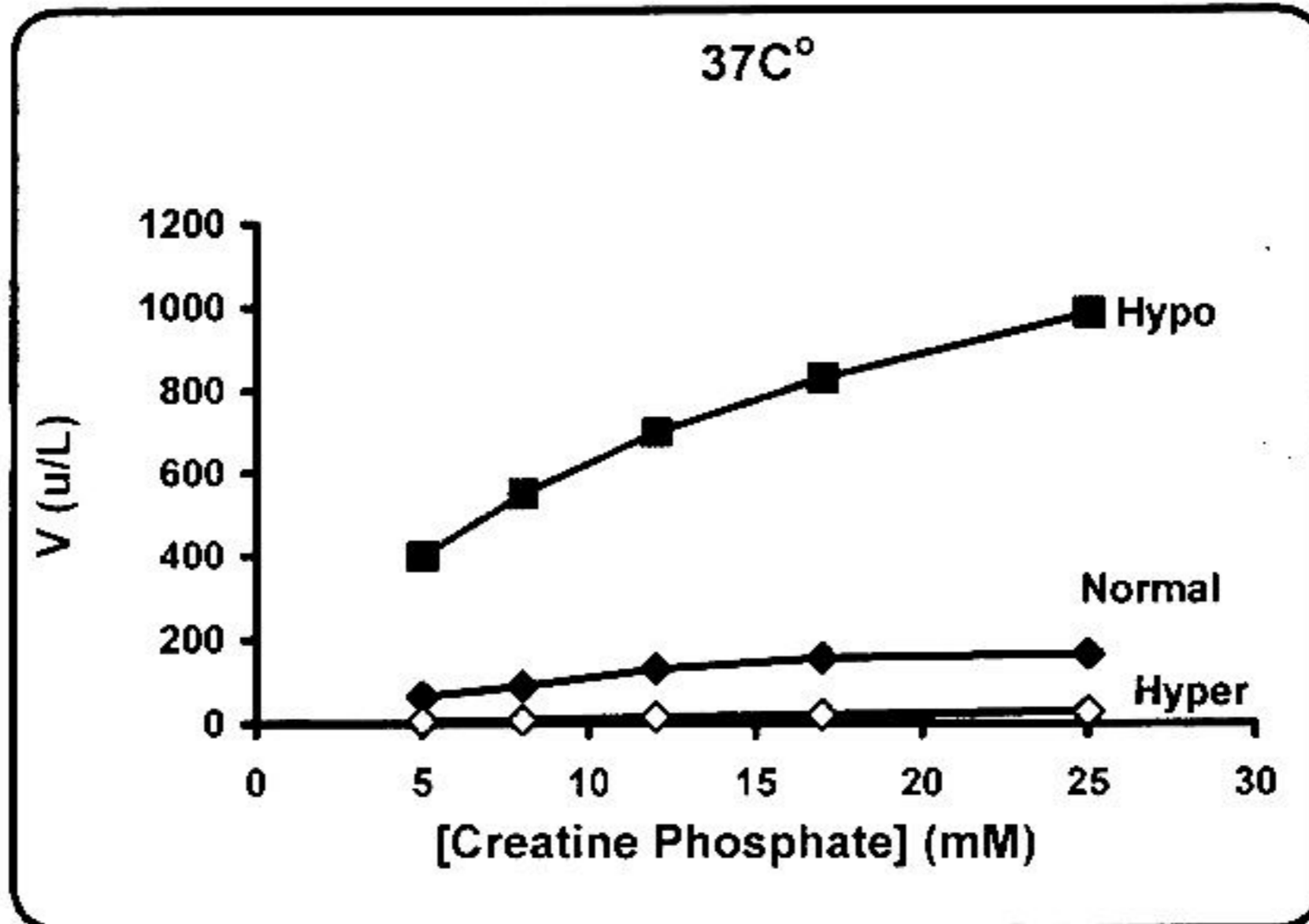


Fig (2) Michael's menten plots for Serum CK activity in Hypo , Normal and Hyper thyroidism cases

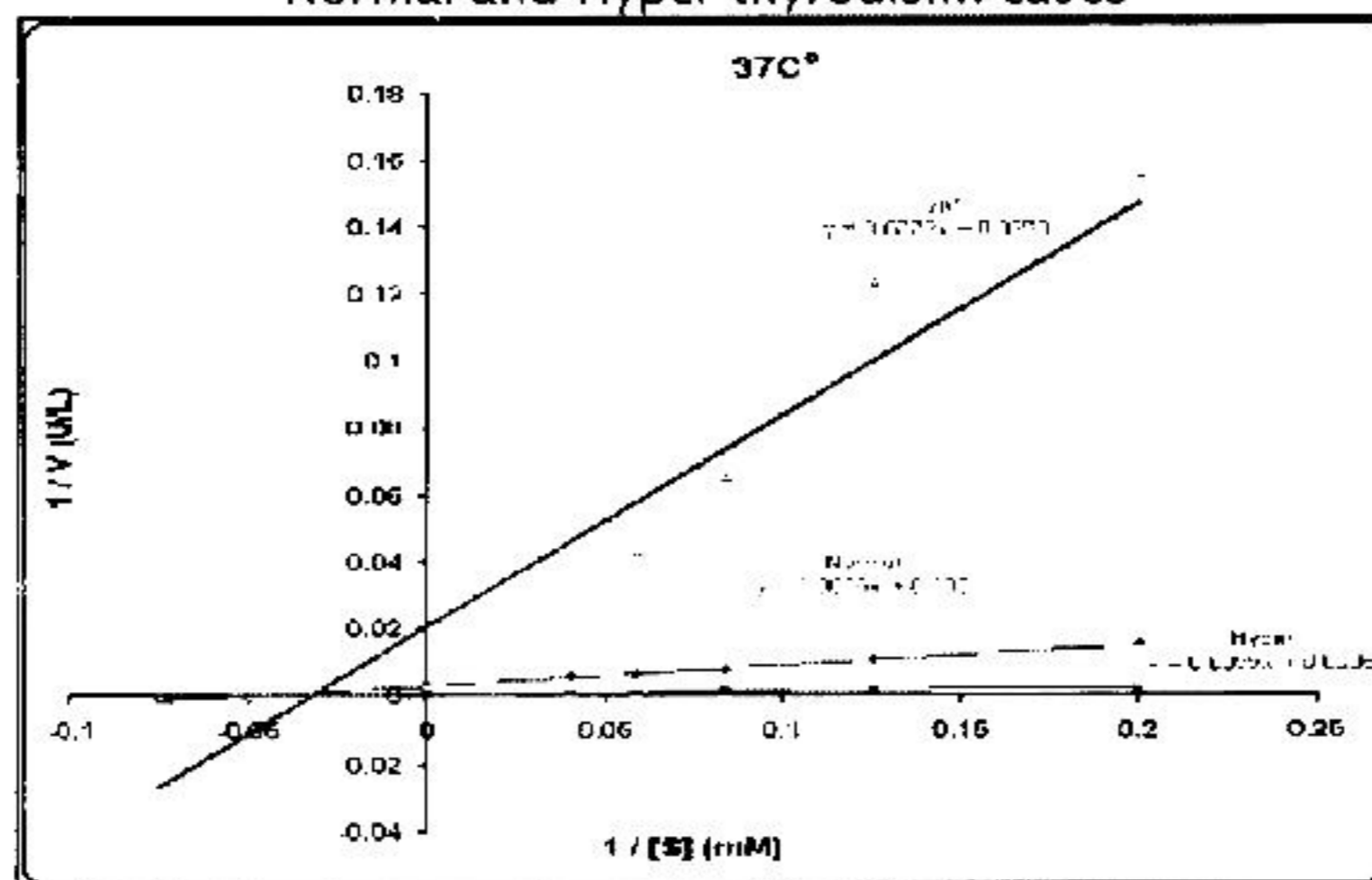


Fig (3) Lineweaver - Burk Plot for Normal, Hypo and Hyper CK activity

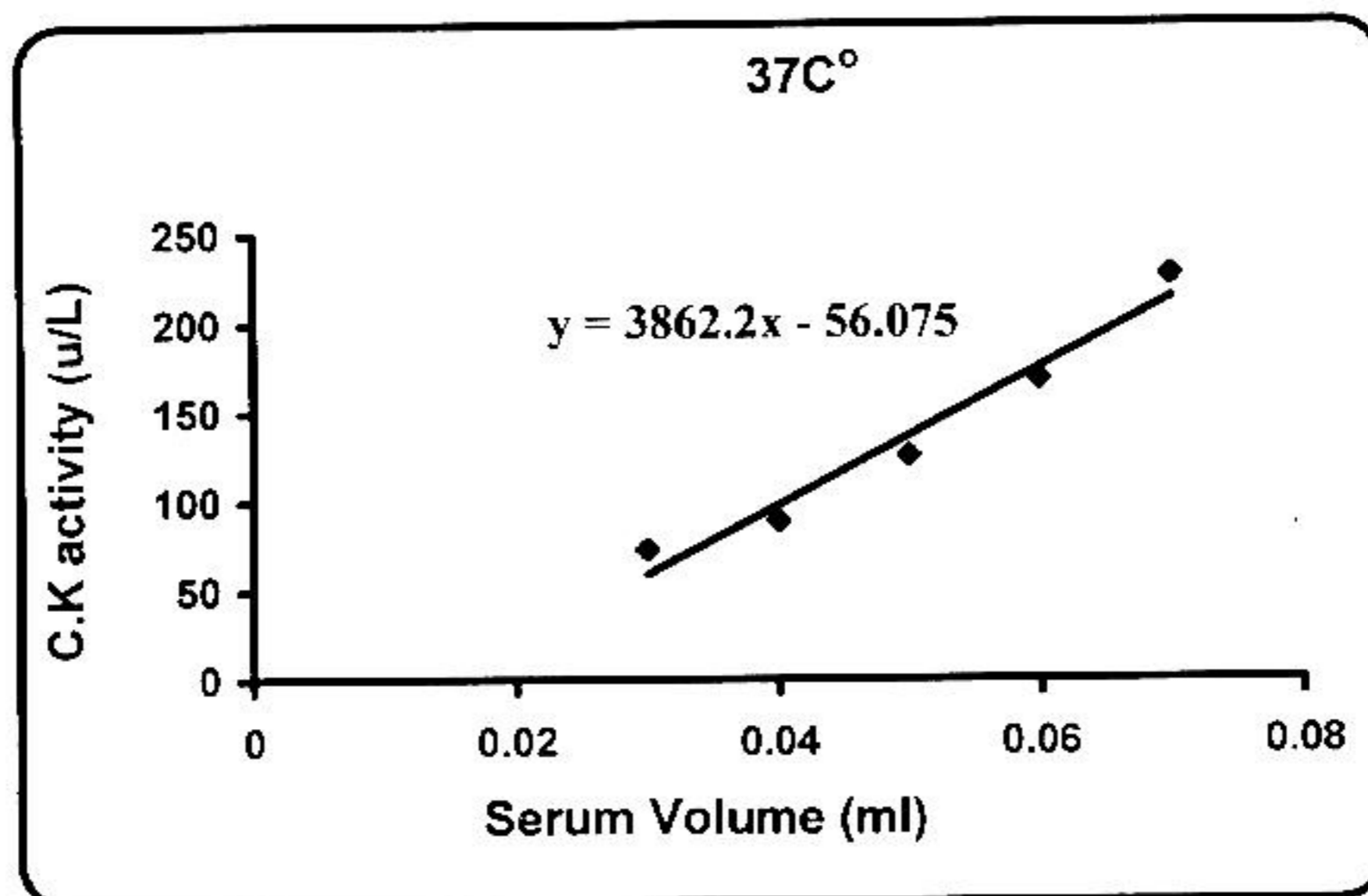


Fig: (4) Increasing CK activity using increased serum.

Volume of serum (ml)	Absorbance (nm)	Activity (u/L)
0.03	0.091	73.528
0.04	0.111	89.688
0.05	0.156	126.048
0.06	0.209	168.872
0.07	0.281	227.048



## نشاط انزيم الكرياتين كائينز :دراسة حركية في مصول مرض الفرط والضمور الدرقي

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### الخلاصة

تم بحث انزيم الكرياتين كائينز في مصول دم مرضى الفرط الدرقي وقد قورنست النتائج بمثيلاتها من المصل الطبيعي .  
قيست النتائج تحت شروط مثلى ،اذ استخدم تركيز ركيزة فوسفات الكرياتين 0,05 مليمول / لتر وفي درجة حضان لمزيج التفاعل 37 م ومدة 10 دقائق . اوجدت النتائج التي حصل عليها ارتفاعا في نشاط الانزيم في حالة الضمور الدرقي .  
ان نتائج دراسة الدوال الفيزيائية الحركية ( السرعة القصوى وثابت ميكيلس -منتن ) قد اثبتت باستخدام علاقة لينيويفير - بيرك الخطية .لقد أجريت التجارب باستعمال المحلول المنظم الفوسفات وبدرجة اس هايدروجيني 6,4.