

## Antimicrobial susceptibility of *Enterococcus* spp. Isolated from different clinical sources in Kirkuk provency

Hajir Ali Shareef

Shara Najmalddin Abdullah

Shareefalil23@gmail.com

University of Kirkuk –College of Medicine.

### Abstract

One of the most important problems confronts hospitals is the strains emergence of *Enterococcus* spp. with multiple resistance to antibiotics, which propel researchers to modify or produce new antibiotics or combination between two antibiotics so that to be more effective against *Enterococcus*. This study was aimed to susceptibility some of local *Enterococcus* spp. Isolates with of 21 antibiotic using disc diffusion method. The results showed absolute resistant 100% toward (Cephalexin, Gentamycin, Amikacin, Erythromycin and Nalidixic acid), while showed a high sensitivity toward (Vancomycin and Impenem ) at percentage of 92.3% for each . Also highly inhibitory activity was observed by using penicillins antibiotics groups against most *Enterococcus* isolates. which contribute to that none of the isolates showed it is ability to produce beta – lactamase enzymes by iodometric tube method. Also susceptibility to some new and synergetic antibiotic like Gentamicin High level(synergy), Streptomycin High level (synergy), Linezolid, Tigecycline, Levofloxacin, Quinupristin /Dalfopristin was conducted by Vitek-2 system. the results showed the absolute sensitivity (100%) of isolates toward ( Linezolid and Tigecycline).

All isolates showed multiple –resistant prescription to antibiotics, the number of antibiotics that every isolates resisted range between 6-12 antibiotic.

**Key words:** *Enterococcus* spp., Antibiotic susceptibility, Multi-drug resistance ,Linezolid , Tigecycline.

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## 1. Introduction

*Enterococcus* genus contains many species cause infections to human. *E. faecalis* is one of the most common species associated with nosocomial infections accounting for 90% of the clinical isolates followed by *E. faecium* which in recent years has shown an increase in prevalence. This may be due to that *E. faecalis* has most of the virulence factors of this genus, and *E. faecium* was characterized by the multiple resistance properties of antibiotics [1; 2; 3].

*Enterococcus* have become increasingly important not only because of their hospital infection injury but because of the increase in the prevalence of resistance to many antibiotics that have becomes causes common health problems globally as well as incidence of treatment failure due to the speed of antibiotic resistance through bacterial conjugations mechanisms [4; 5; 6]. Antibiotics that show varying degrees of efficacy against in-vitro *Enterococcus spp.* includes penicillins (penicillin, ampicillin, bipercillin), glycopeptides (vancomycin and ticoplanin), carbapenems (Imipenem and miropenem), aminoglycosides (gentamycin and streptomycin), tetracycline (tetracycline and oxytetracycline) and quinolones (Ciprofloxacin, gatifloxacin, gemifloxacin), chloramphenicol, rifampicin, Streptogramin (quinupristin / dalfopristin (Q / D)), and Oxazolidinone and linezolid antibiotics [7].

Most *Enterococcus* infections are treated with one type of antibiotic, especially in patients with a normal immune system. UTIs is treated with ampicillin, if strain resistant ampicillin, vancomycin is used. If it resistant both of them, linezolid used as an alternative treatment, but in severe cases it is preferable to use a combination of Beta-lactam antibiotics with aminoglycosides such as Nitrofurantoin with Fosfomycin, as it shown a strong In-vitro effect against *Enterococcus spp.* [7; 8].

In the last decade, several antimicrobial agents have shown a 70% inhibitory effect against multiple-resistance *Enterococcus* and have been successfully used to treat the infections caused by this microbial, including Streptogramin (Quinupristin-dalfopristin (Q / D)), Daptomycin, Linezolid and Tigecyclin, which are used to treat skin and soft tissue infections and abdominal cavity infections [9; 10; 11].

## 2. Material and Methods

### Samples

A total of 39 clinical isolates of *Enterococcus spp.* Including (*E. faecalis*, *E. faecium*, *E. gallinarum* and *E. durans*) were isolated from sample of different clinical sources of reviewed patients to Kirkuk hospitals. All isolates identification were done by standard methods including biochemical tests, serological identification by lancefield methods, identification of *Enterococcus* species by AP system and Vitek-2 system [12; 13; 14].

### Antibiotic susceptibility test

Isolates under study was investigated for their susceptibility against 21 antibiotics include (Penicillin G, Ampicillin, Amoxicillin, Augmentin, Cefotaxime, Ceftriaxone, Cephalexin, Imipenem, Tetracycline, Rifampicin, Gentamycin, Amikacin, Erythromycin, Vancomycin, Chloramphenicol, Trimethoprim, Co-Trimoxazole, Nitrofurantoin, Nalidixic acid, Norfloxacin, Ciprofloxacin) by disc diffusion method depending on [15]. The diameter of the inhibition zone was measured on each disk and compared with the measurements of Clinical and laboratory standards institute (CLIS) guideline [16].

### Detection of beta-lactamase enzyme

Iodine tube method was used to detect the production of the Beta-lactamase enzymes [17].

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### 3. Results and Discussion

#### Resistance of *Enterococcus* to antibiotics

*Enterococcus spp.* susceptibility to antibiotics are different in studies conducted in all countries, it was observed that the sensitivity varies according to geographical regions and depending on the misuse of these antibiotics [18].

As for the resistance of *Enterococcus* isolates to Beta-lactam, the results in Table 1 shows that penicillins were the most effective against all isolates. The sensitivity to these antibiotics ranged from 89.7% to amoxicillin, 74.3% to penicillin G and ampicillin and 48.71 % to Augmentin, while the cephalosporin antibiotics had low inhibitory effect against all isolates, the resistance to these antibiotics ranged from 92.3% to 97.4% for ceftriaxone and cefotaxime respectively and 100% for cephalexin. These results were consistent with the study of [19] and [20]. The results of the current study were consistent with [6], who recorded a high sensitivity to penicillin. The sensitivity and resistance ratios of these antibiotics varied in many studies in other countries, particularly for penicillin [21; 22; 23].

Acquisition of mobile genetic components such The low resistance of isolates in this study to penicillins may be due to their lack producing of Beta-Lactamase enzyme were confirmed through the detection of these enzymes using the iodine tube method. On the other hand, [5] pointed a high resistance to cephalosporins due to the production of modified penicillin - binding proteins (PBP2a) with low affinity binding to Beta-lactam antibiotic, or because of its as plasmids and others, as well as the intrinsic resistance to these antibiotics.

For the vancomycin a high inhibitory effect 92.3% of isolates study and only two isolates of *E. faecalis* and one isolate of *E. Gallinarum* have shown resistance for this antibiotic. These results were consistent with were recorded in many European countries like Denmark, Norway, newzealand and France [24]. Similar results recorded in India and Turkey [4; 5]. Countries with high vancomycin resistance *Enterococci* were Ireland, Germany, Portugal and United Kingdom [16; 25]. In Iraq governorates such as Mosul and Diyala high rates of resistance to vancomycin were recorded between *Enterococcus* isolates [19; 20].

The interest of researchers and medicines have increased to Vancomycin – resistant Enterococci (VRE) for several reasons, including: the availability of few therapeutic options to treat VRE infections that may pass from enterococci to other bacteria such as *Listeria monocytogenes* and *Staphylococcus aureus*. Both of [26; 27] certain that when these bacteria are present in the hospital environment they are transmitted to patients and spread directly from one patient to another or indirectly through transport by individuals hands or contaminated surfaces of the environment or patient care equipment

As for the remaining antibiotics used in the current study, all isolates showed absolute resistance to both erythromycin and nalidixic acid by 100%, while the sensitivity and resistance ratio for the other antibiotics varied as shown in Table (1), with some consistent to studies that earlier refer to it.

It was noted through the results that there is a pattern of multiple resistance among *Enterococcus* species . The results showed that the isolates of *E. faecalis* were able to resist (6) antibiotics of the total (21) antibiotics, while *E. faecium* and *E. gallinarum* were able to resist (8) antibiotics, while *E. durans* had more ability to resist 12 types of the same total antibiotics were used. This result was consistent with [20]. The multi-resistance is a major threat to the life of infected patients and is a source of Large concern for all members of the community because the transmission of infection caused by these isolates is occur through close contact .

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One of the most important problems encounter hospitals is the problem of the emergence of strains of Enterococci with multiple resistance to antibiotics. These problems prompted the researchers to modify or produce new antimicrobial or combining two or more antibiotics to get medicine more effective against *Enterococcus spp.*, such as combination between penicillin and glycopeptides with aminoglycosides (gentamicin, amikacin, streptomycin, etc.) to treat *Enterococcus spp.* infections, and new antibiotics such as Linezolid, Tigecycline, Daptomycin and Dalfopristin / Quinopristin . Several studies have confirmed the high efficacy of these antibiotics against *Enterococcus* isolates from different clinical sources [2; 28; 29; 30].

The present study confirms the effectiveness of these antibiotics when perform sensitivity testing with Vitek 2 compact system . All the isolates studied showed their absolute sensitivity to Linezolid, Tigecycline and Dalfopristin / Quinopristin, while showed a sensitivity of 97.5% to the Streptomycin High Level Synergy (HLS) and one isolates of *E. faecalis* was resist it, while the ratio of sensitivity to Gentamicin High Level Synergy (HLG) was 51.28% for 18 isolates of *E. faecalis* whil one isolate from both *E.gallinarum* and *E. durans* resist it Table (3).

These results are consistent with many studies concerning the first three antibiotics mentioned above [5; 6; 16] also came into conformity with a number of studies that *Enterococcus* isolates showed resistant to High level resistance Aminoglycosidase (HLAR) as a study [31] in Iran and the study researchers [19; 27] in India, study researchers [5; 32] in Turkey and study [16] in serbia. The researchers [6; 31] noted that resistance to (HLAR) varies from 1-49% with rate of 22.6-12.3 in 27countries in Europe. HLAR recorded 50% ratio between *E.faecalis* isolates in Italy and 49.5% in Slovakia, 48.6% in Hungary, 48.4% ratio in Poland [24].

In addition to self-resistance to low concentrations of aminoglycosides, *Enterococcus spp.* can acquire resistance against high concentrations of these antibiotics. The mechanism of resistance is due to the presence of genetic elements on the cell chromosome that encode to modified inhibitor enzymes such as aminoglycoside acetyltransferase, AAC (6) –II , these enzymes act to alter the amino-group or carboxylic group of aminoglycoside and thus eliminate the synergy between the active antibiotics on the cell wall and aminoglycosides. This enzyme gains *Enterococcus spp.* high resistance to all Important aminoglycosides except the Streptomycin [34].

High resistance to antibiotics by microorganisms arise from widespread and indiscriminate use of antibiotics leading to increase the proportion of resistance in bacteria including *Enterococcus spp.* as genetic response in these bacteria as a result of the pressure generated by this use and this makes it difficult to treat the injuries caused by these bacteria [35]. Also both disease severity, quality of antibiotics, misdiagnosis of causing agents and lack sufficient control over pharmacies to limit the sale of direct therapy to citizens without prescriptions and non-compliance with therapeutic session gives rise to high resistance against these antibiotics, especially in developing countries [36].

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**Table (1): The number and percentage of *Enterococcus* isolates study with response to antibiotics.**

Antibiotics	Sensitive isolates		Resistance isolates	
	NO	%	NO	%
Penicillins				
Penicillin G	29	74.35	10	25.64
Ampicilin	29	74.35	10	25.64
Amoxicilin	35	89.74	4	10.2
Augmentin	19	48.71	20	51.28
<b>Cephalosporins</b>				
Cefotaxime	1	2.56	38	97.43
Cetriaxone	3	7.69	36	92.307
Cephalexin	0	0	39	100
<b>Carbapenems</b>				
Imipenem	36	92.307	3	7.69
<b>Tetracyclines</b>				
Tetracycline	5	12.82	34	87.17
<b>Rifampcins</b>				
Rifampcin	3	7.69	36	92.307
<b>Aminoclycosides</b>				
Gentamicin	0	0	39	100
Amikacin	0	0	39	100
<b>Macrolides</b>				
Erythromycin	0	0	39	100
<b>Glycopeptides</b>				
Vancomycin	36	92.307	3	7.69
Chloramphenicol	16	41.02	23	58.92
Trimethoprim	21	53.84	18	46.15
Co-Trimoxazole	10	25.64	29	74.35
Nitrofurantion	34	87.17	5	12.82
<b>Quinolones</b>				
Nalidixic	0	0	39	100
<b>Fluroquinolones</b>				
Norfloxacin	9	23.076	30	76.92
Ciprofloxacin	11	28.205	28	71.79

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**Table (2): Sensitivity test by Vitek-2 system for a number of new antibiotics.**

Isolates	Sensitivity type	Gentamycin High Level (Synergy)	Streptomycin High Level (Synergy)	Levofloxacin,	(Dalfopristin/Quinopristin)	Linezolid	Tigecycline
<i>E.faecalis</i> N=31	R	18 )58.1(%)	1 ) 3.22(%)	1 ) 3.22(%)	-	-	-
	S	13 )41.9(%)	30 )96.72(%)	30 )96.72(%)	31 100(%)	31 100(%)	31 100(%)
<i>E.faecium</i> N=5	R	5 )100(%)	-	-	-	-	-
	S	-	5 ) 100(%)	5 )100(%)	5 )100(%)	5 )100(%)	5) 100(%)
<i>E.gallinarium</i> N=2	R	1) 50(%)	-	-	-	-	-
	S	1 )50(%)	2 )100(%)	2 )100(%)	2 )100(%)	2 )100(%)	2) 100(%)
<i>E.durans</i> N=1		R	S	S	R	S	S

**Table (3): Pattern of multi-drug resistance in *Enterococcus spp.***

Isolates÷	Type of antibiotics resist to it	MDR	
		NO	%
<i>E.faecalis</i>	E,NA,AK,GN,CLCTX	6	28.59
<i>E.faecium</i>	AK,GN,RA,CL,CRO,CTX,E,NA	8	38.1
<i>E.gallinarium</i>	NA,AK,RA,CL,CRO,CTX,E	7	33.33
<i>E.durans</i>	AK,GN,RA,TE,CL,AUG,AMP,CTP,NIT,SXT,E,NA	12	57.1

AMP : Ampicillin , , AUG : Augmentin , CXT : Cefotaxime ,CRO : Ceftriaxone , CL : Cephalexin , TE :Tetracycline RA : Rifampicin , GN : Gentamycin , AK : Amikacin , E : Erythromycin , NIT : Nitrofurantion ,NA : Nalidixic acid , CTP : Ciprofloxacin

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